

# BERLINiB

2019/A January February March April

## Beauty Style Fashion

### 2019 trends:

Red-hot  
Coolness



Cover model for our BERLiNiB 2019/A issue is Kristi Yanochko, photographed by A. Tacoma {see article "Red-Hot Coolness"}.

2019/A

BERLiNiB



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When we make a magazine, we begin layout 'from scratch' and add the tag, "TEST OF LAYOUT" in a "blue note" on the left side of this editorial page. This is naturally and gradually trans-mutated into our own magazine. We replace every one of the of earlier test images (which are all documented in our Instagram account) with our own shootings, stylings, and models (quite often also new faces). The principle is that we can afford only the best of inspirations and so we go for the pickings of Vogue, Numero, Harper's Bazaar, Elle etc etc to light up our pages with forefront models as we do work to create fully our own magazine.

So, each issue is worked on in this way and at its publication time {for times, cfr our website} all of the content is our own, and then, of course, the stamp "PUBLISHED!" will

appear on the left of this page.

Article texts: our own from the beginning. Copyrights: normal style of copyright applies, cfr our website; fashion bloggers can reblog



images with the usual acknowledgements: on our webpage there is a special folder for bloggers where images for each issue can be picked out easily.

Talented folks, fashionistas who wish to work with us please contact us via Twitter, and after that we can use email, SIP-phoning, meetings etc. We are always open to new models, writers, photographers, stylists, make-up artists, set designers—as well as clothes brands, advertisers etc—people who in the spirit of enthusiasm and quality wish to contribute excellently in one way or another. The initial financing of

BERLiNiB is at what can best be called an "amateur" level, however with top equipment, and, we hope, excellent taste and composition skills etc, we create

excellent results within this frame.

Aristo Tacoma {a photographer in, & the editor of, IB; and also often stylist}



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LEUNI



LEUNI

# BEST OF SPRING '19 FASHION TRENDS

keywords  
that say  
it all<>

## IN SUM: SWEET CHAOS

Just as the world's challenges aren't simple; just as the political landscape isn't simple; just as a wild patchwork of thinking dominates the world's discourse forums—powered by computers—rather than one or two big voices; just as the solutions we must seek are many and diverse; so also is fashion spring 2019 a sweet patchwork, a mosaic, a

chaos, or a diversity of impulses in which there is no true over-arching simple concept.

Yet, since fashion is supposed to simplify how to look stylish, chic, fashionable, then it has to be something rather than everything and when it is a mess, we have the right to pick something out rather than having to reflect it all. BERLiNiB picks out something, using what we hope is good taste. Well then:

### >>>SKEWED SCARF & MICRO-BAG

You can safely indulge in things being if not sloppy, then at least asymmetrical—that is true for scarfs and skirts. Add the under-sized handbag and you're It.

### >>>TIGHT NYLON SHORTS

Also called bicycle shorts. In 2019 these are things you can walk with, and combine with such as over-size.

### >>>TIGHT BELT

A sort of throw-back to the 1950s, waistline is not exactly supposed to be large.

### >>>PLAST- KINKY AND NEOGOTH

It's a kind of 50 shades time, but with a 2019 twist. Supermodels show up in plastic bdsm-inspired clothes.

### >>>SYMBOL OF ANIMAL & CIRCLES & SKEWED SQUARES

Leopard-prints etc. But also peculiar prints: not always symmetric in the robotic, machine sense, nor just the flowerly type of symbol. Vaguely messed-up squarish and/or circular types of symmetry.

### >>>OVER- SIZE TOP, BARE LEGS

Huge skirts, shirts, with the folders, then high heels or boots or flats, possibly stockings.

### >>>FOLDED TEXTILES

Take something black and big and fold it crazily many times around itself and around your upper body, put on some boots, and you can stroll on the street and no one will bat an eyelid: this is right in the centre of what's going on as for Spring 2019.

### >>>COLOR: VIOLETISH, WHITE, BLACKISH, GREEN- BLUEISH, & TRANS- PARENTISH

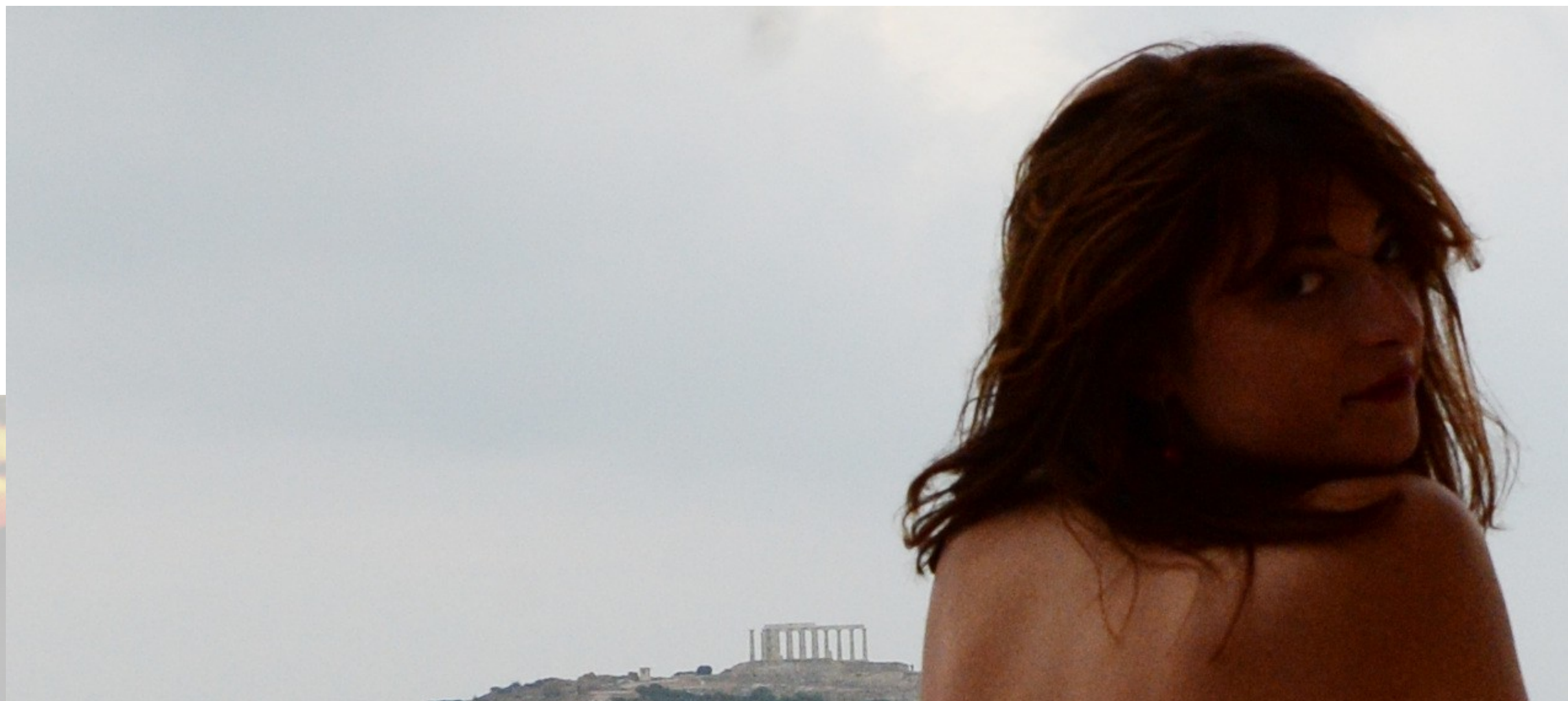
That sexily transparent thing can be pushed this way, for the daring: to show a nipple or two, and/or to show your undies.



# RED-HOT COOLNESS

Spring '19

Model:  
Kristi  
Yanochko  
Photo:  
Aristo  
Tacoma  
Brands  
include:  
THS, and  
bra from  
MED of  
Ermou  
Street



get 2019  
right:

combine  
self-  
#elegant  
stern  
awareness  
with a bit  
of #caring

Caring?





**Yes! Red-  
hot chic:**

**#strong  
#girls  
can  
#smile**







flame,  
heels,  
shades...

//on  
with:



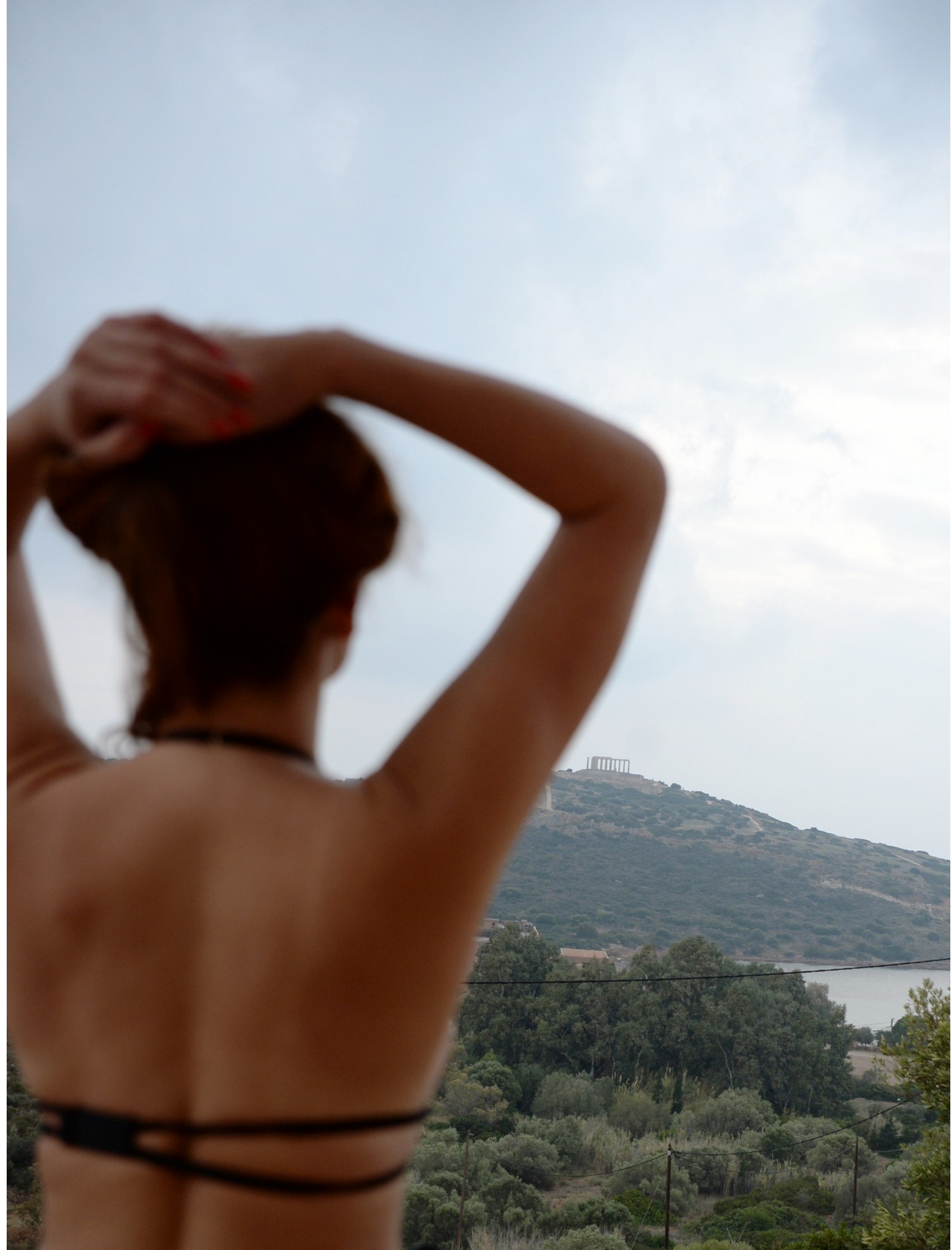














red-hot  
cool  
stilettos  
///  
are made  
for  
dancing  
///  
semi-nude  
///











YOU  
WANNA  
TRAIN:  
SEVEN  
TIPS  
FOR  
GETTING  
IT DONE

Model: Val Danza

Photo: Aristo Tacoma



Training, when done right, is—let's be frank—painful. When it has been done, though, the pleasure is surreal. At all levels, physical, psychological, social, spiritual, universal. Getting it done is gorgeous: but just what are the tricks? Perhaps you have no problem getting it done: then you don't have to read this. If you, like the majority, don't get it done as much as you want to, perhaps some of these hints will work for you!

## [1] Look forward to a preset symbolic reward

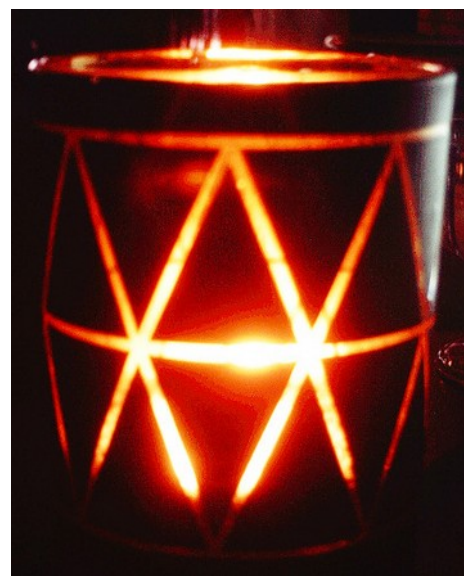
It's no point celebrating that the training went according to schedule with the sort of decadent meal that spoils what you just did so well. However: to set up some kind of reward—even if rather "symbolic"—always makes sense. The training may have elements of fun and pleasure etc etc—but there



## [2] Remember the magic of coffee

So you're about to train. You are going to exercise the muscles. You want a couple of things in order.

First, an as pleasantly empty stomach as possible. Two, an energizing drink that goes straight to the muscles and which has no issues about it. Something that makes your body vibrate in just the right way. The training will gnaw on the blood sugar and so sugary coffee won't become fat, it will rather increase the fun of the training. And the coffee won't leave you restless because you put it to good use: the body is craving movement and, by coffee, you give it a willingness to move.





## [4] Reset conscience each week

A by-product of handling the training as a 'week package' is that no matter how you performed last week, each week is a new one; no matter if you didn't get to train as much as you wanted—there is a new week ahead, and approach it with the absolute clarity of what they in Zen calls "Beginner's Mind": innocent of the past, the upcoming week starts with its own 'conscience budget', and finishes with it.

## [3] Weekly doses, weekly pauses

Get a rhythm to the workout scheme. "Every day" sounds fine in theory, perhaps, but the body has to do some background work and it makes perfect sense to have a couple of days every week in which there is definitely nothing of the standard training. And this leads us to:

## [5] Glamorize the training outfit

It's a well-established truth that separate clothes for training, of a kind that appeals deeply to you, is a giant motivation factor. This includes—unless it's a barefoot form of training—shoes that looks all right but feels superb.











## [6] Tantrify the training, if you can

If training involves some pain, why not—with all suitable discretion—balance it out with the most obvious and most healthy of pleasures? When it's possible and decent enough.

## [7] And, balance the training forms

Find a symmetry in how you are varying the training. No single unvaried training set can be absolutely right all the time. The body will signal it at some point, anyway. Think balance and construct variations. As many well-known psychological studies have shown, the mere fact of variation is itself a motivation factor.



# 2019 AND AN ADULT GEN Z: Generation Zen- sationally Trans- Zendent

Text and illustrations:  
Aristo Tacoma

## A. The new trend- Zettters

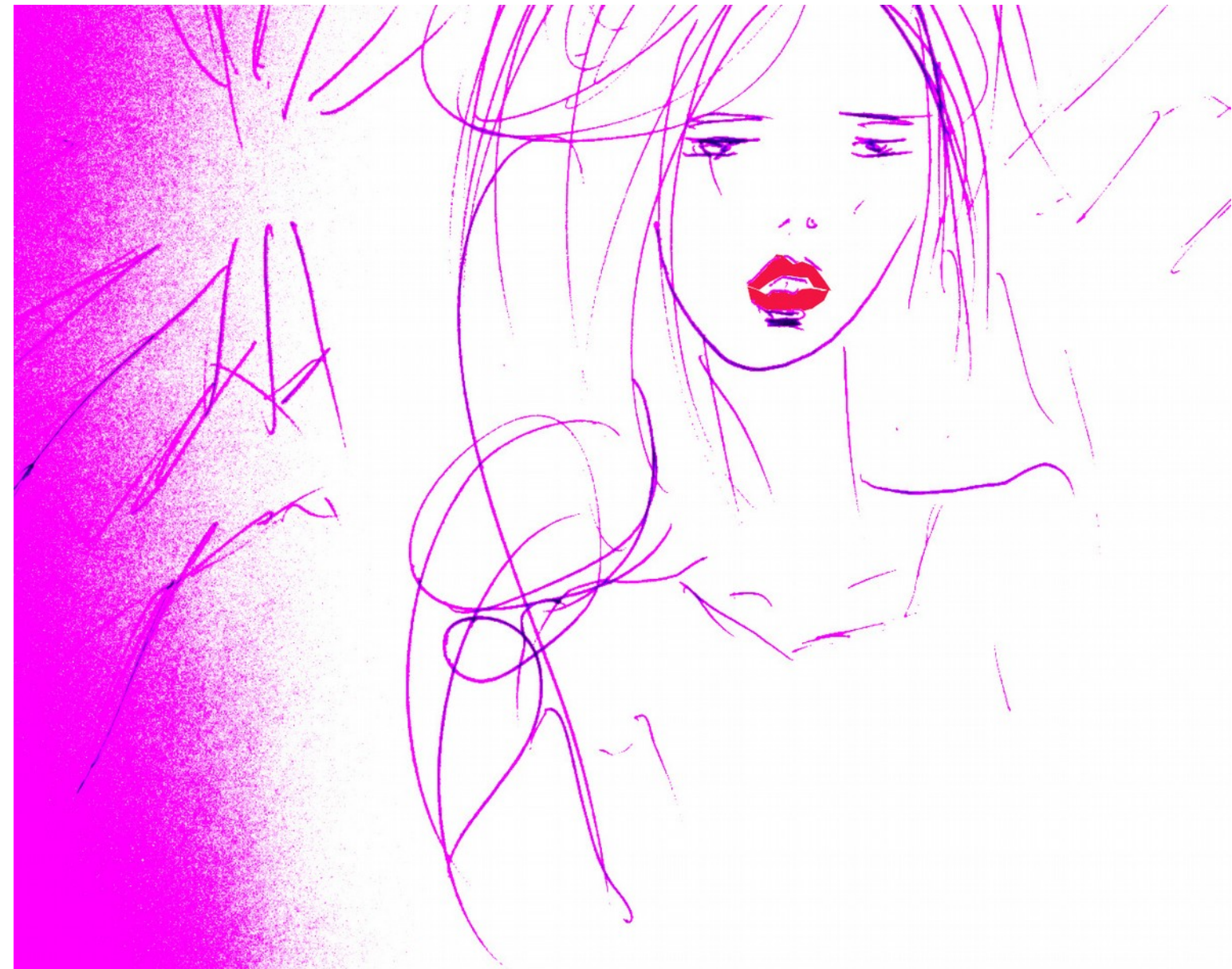
The new trend-Zettters, born not at but clearly after the millenium shift, are adults-still teens-but adults who can legally drink wine and vote-and to whom the concept of "fake news" is first-hand and obvious; who consider it avantgardist not to use a dating app; who knows that the mainstream, like sardines, may not always be right; who quite possibly knows what it means "to

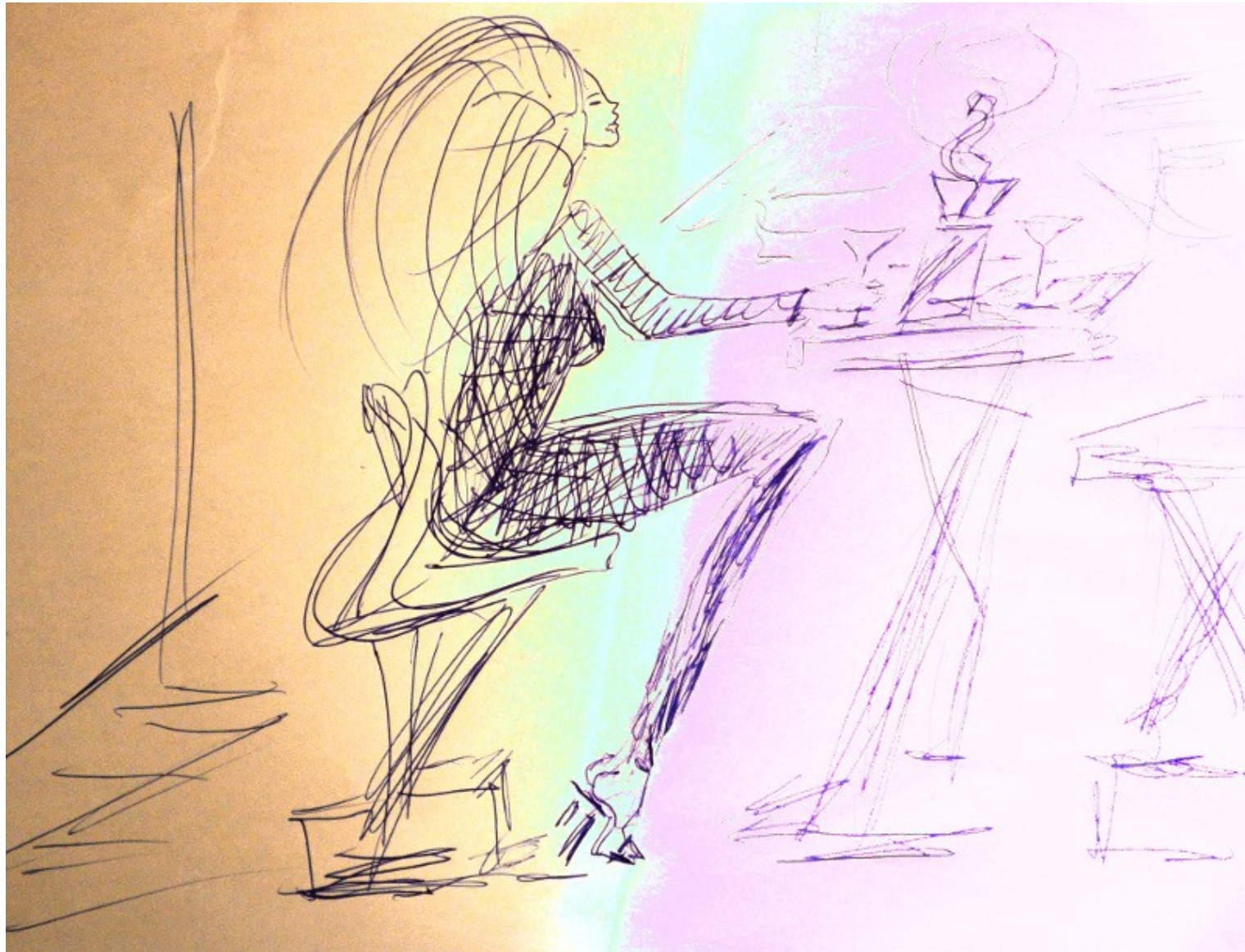
short" but doesn't do it if it could harm the company involved.

## B. They're into being (Zelf)- aware, perhaps

Since the dawn of modern technology in the 20<sup>th</sup> century, many-but not all-youth cultures have thrived on a pleasant "freedom from doubt" (and from awareness), stemming from "technology

optimism". The 1950s had this-the late 1960s and early 1970s didn't have it-that, rather, was the period in which cannabis-enthusiastic meditators formed a ring around the Pentagon and, while chanting the ancient Sanskrit sound "AUM", hoped to bring the Pentagon into a state of levitation. Then tech.opt. set in again and destroyed most of the Woodstock cultures. In a wobbly way it went a bit out of fashion in the 1990 and then tech.opt. ravaged the world up until coming of the age of the millenials. The Gen Z folks aren't convinced neither ego nor mainstream news are right, and use tech also to counter the tech-trends.





### C. Zeneration meditation

Some of the brand new flowers of humanity no doubt will throw aside the concept of "meditation" as nonsense.

Gen Z is all about diversity, and, besides which, every generation has significant minorities diverging from the majority.

Having said as much, it's impossible to doubt much of the self-centeredness of the world-

and its technological mainstreams—without this also leading to enthusiasm for radical alternatives. Meditation is, in a way, the strongest statement of awareness possible: it is a dedication to awareness—or, as some of the Indian gurus liked to say it in the 1960s, to "effortless awareness". Yet Gen Z has to be creative about the symbols of this: flower power symbols of the 1960s are still ripe and meaningful but they are over-used and may as much signify a fascination with all things retro and with the music of the 1970s as with a cultivation of inner silence.

### D. Deliciously Zensational

However it is clear—despite the fact of some of the hysterical variations that also Gen Z feed into—that in most technologically advanced relatively free cities, not since the 1970s has there been as much celebration of sensual beyond-gender liberty. And this is not in the least thanks to how 2019 is welcoming Gen Z as citizens about to set their sharp marks on the world.



# T.N.S.

## BERLINIB'S

### True

### Nonsense

### Section

Text and illustration:  
Aristo Tacoma

## There's an app for finding your razor

There is a strong tendency in all modern societies to use bath salts in the bath

of such a kind that not only produce bubbles, but also give a nice color to the bathtub water. However, there is another trend, which isn't quite compatible with this one. Despite the popularity of Brazillian Wax methods, an increasing proportion of the adult female population is also using razors. When this is combined with the above bubble-and-color generating method, and the razors are put in the water, the chances are great that the razor disappears and is rendered useless before the bathtub is emptied.

As prof. Humphrey Bogus at Madland Looniversity expresses it, "Due to the

use of common bath salts, the penetration visibility of the bathwater is near zero. Combined with the now-intense use by girls of slight razors made of light plastic and just a sliver of metal, the chances are that the razors simply aren't trackable within the duration of the bath. All this is due to the quite unnecessary female desire to exhibit shiny legs."

We leave prof. Bogus there.

Fortunately, there are apps for those having trouble locating their razors in the ocean of colorized bubbles.

Take, for instance, the Razor-Seeking Star Drone

app. This is a free app but it can only be used together with their Star Drone Razor Metal Detector kit, which costs nearly a grand and so is a bit above the budget for most. The drone, according to specification, will be directed from your app to fly in the ceiling of your bathroom, doing a thorough scanning of any metal content of your bathtub—even the slight slivers of steel in the razors will be accurately detected in no time. Your phone will roar and the drone will do a jumpy movement right on top of any findings of hidden razors submerged in your bathwater.

If you still cannot find the razor, the GPS coordinates of your razor will appear, alongside a map and instructions as how to get there, on the display of your phone.

For those seeking a less noisy approach—after all, a drone flying inside your bathroom will create a sound equivalent to that of about five heavy metal concerts playing at once—there is the Razor-Seeking Submarine App at a fraction of the price. This has a metal detector neatly fitted to a bath-tub friendly submarine device. The submarine will surface at the moment it has located the razor, and the razor ought to be found

immediately beneath it, unless there are strong currents in your tub.

For those seeking a slightly more natural approach, less dependent on such things as phone apps, the International Federation of Divers have their own fairly inexpensive solution: a Bath-Tub friendly Razor-Seeking Diver's Kit, with a small oxygen bottle, a mask, and a powerful underwater laser flash-light made specially to counter the challenges of the popular use of colorised bath salts together with razors. With this device, and some simple swimming movements (a folder is included with the kit), you should soon easily be able locate any razor no matter how many bubbles you have in your bath.



# Before and after make-up

How to think  
about make-up?  
How to figure  
out the stylish  
way to apply  
your make-up  
skills? And how  
to increase  
those skills?  
4 simple hints



Elmayahh gets  
make-up for  
the BERLiNiB  
2019/B cover  
editorial

Model: Elmayahh,  
insta @elmayahh  
Mua: Myrto Departez,  
insta @myrto\_departez

Photo: Aristo Tacoma

Cafe Locations: 7 TIMES,  
Psiri, Athens  
Studio Locations:  
STUDIO P56, Athens,  
insta @studio.p56

Fashion brands in this  
editorial:

Clothes and high heels  
TATU BY SUELITA,  
insta @tatu\_by\_suelita  
Animal print boots  
by STRADIVARIUS,  
insta @stradivarius

Next page:  
Tobacco pouch  
by POUCHES SIMONA,  
insta @dakovasimona





make-up, when it succeeds,  
isn't there--but her face is  
just darn gorgeous.

## #1: Set the goals right

This is obvious but let's spell it out: Unless you want to make a point--that you are a makeup-artist who can splash gold or something on a face and make it come out right--you want makeup to enhance what's naturally beautiful about the face, so that, on looking at the face, the Wow-factor is there. It's not that people are going to look at the make-up (unless they are professionals). They are going to look at the face. Your

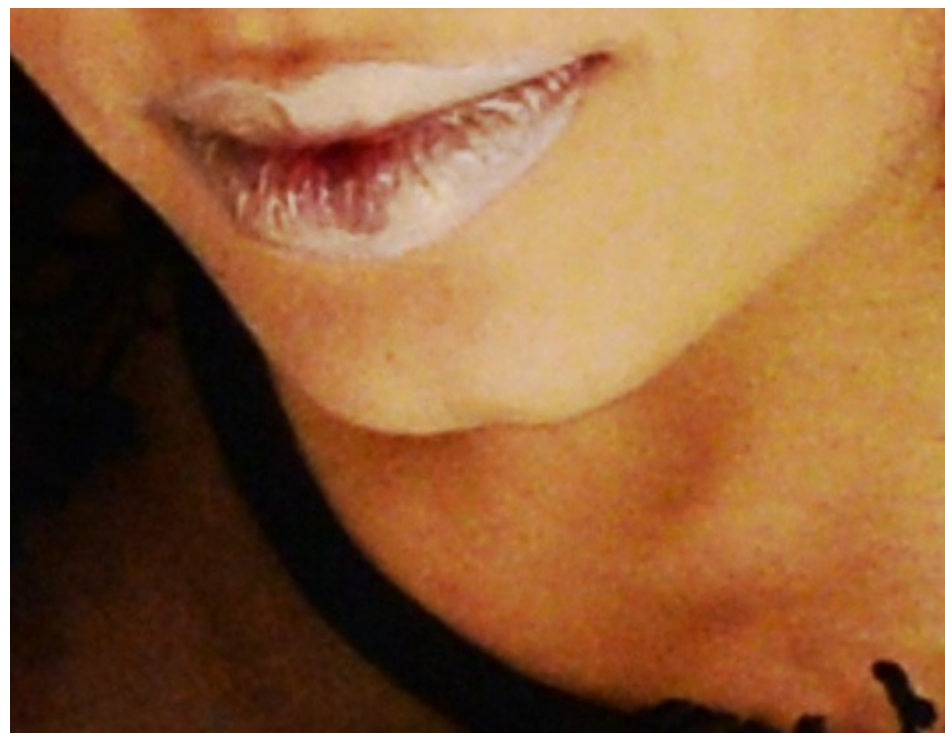




## #2: Think about what colors you already have

Any color you apply as part of your make-up is going to affect the presence of the colors you already have, naturally. The chief way this happens is through similarity—you might want to apply the fine word “resonance” to it. For instance, such and such eye-shades, you might say, “resonates” with your eye color (or eye colors, to be more precise).

When your skin is tanned, you have another color there that you may want to emphasize; just as there are colors about the skin you don't want to emphasize. All this should play into your mental preparedness for the make-up.



#3: ..and  
the  
lights  
where  
you're  
about to  
go



If you could control the lights where you're about to go—what types they are, what angles they come from, etc etc, you wouldn't have to do much make-up. It would be like some of the more concentrated forms of photo sessions, where the photographer can set up lights so as to maximize this and that feature and create a natural shade to emphasize your lower lip and all sorts of things like that.



## #4: And: when you've time, do your sketches

Makeup, in a way, is sketching a face on top of a face. Right? The more you have played with hard vs. soft eyebrows and all sorts of things like that using pen and paper, or a computer equivalent, the more self-assuredness you will have in applying just the right amount of make-up. You may already be proficient in sketching. If so, fine! If not, here is a way to go about it: buy as many blank sheets of papers as you can carry, and have a bunch of blue pens, and fetch a photo of someone with a classically attractive face with simple, elegant features—never mind time phase or skin color or anything. The clue is to get into the essences, using a face you already know well. Say, Brigitte Bardot. Then experiment with just how few lines you can put on paper to get the maximal sense of there being an attractive face. Clues: symmetry—left/right and vertically. Just outline one side of the nose,—sometimes a hint of a nose is enough. Put a shadow under the lower lip. Let the eyes be wide apart. Let the pupils be large, but be sure there's a reflection of some light in them—say, a sparkling square. Don't overdraw things that can complicate the drawing. Don't bother drawing ears in the beginning, just let hair flow over the ears. Throw the first five hundred drawings. Then keep your best two or three; and improve week by week.

Health  
benefit  
of  
having  
a great  
time

Or, a  
wordless  
exploration  
of a concept  
of beauty

Model: Teuta Pereira

Photo: Aristo Tacoma

The brand of cigarillos  
used in the photo is from  
Cuba; made of pure tobacco











# Style Your Gait

Exploration  
of sweet  
every-day  
challenges:  
Being a  
sensation  
in virtue  
of HOW YOU  
WALK, in  
other words:  
getting the  
fashionable  
gait



Model: Natasia Kinia  
Photo: Aristo Tacoma

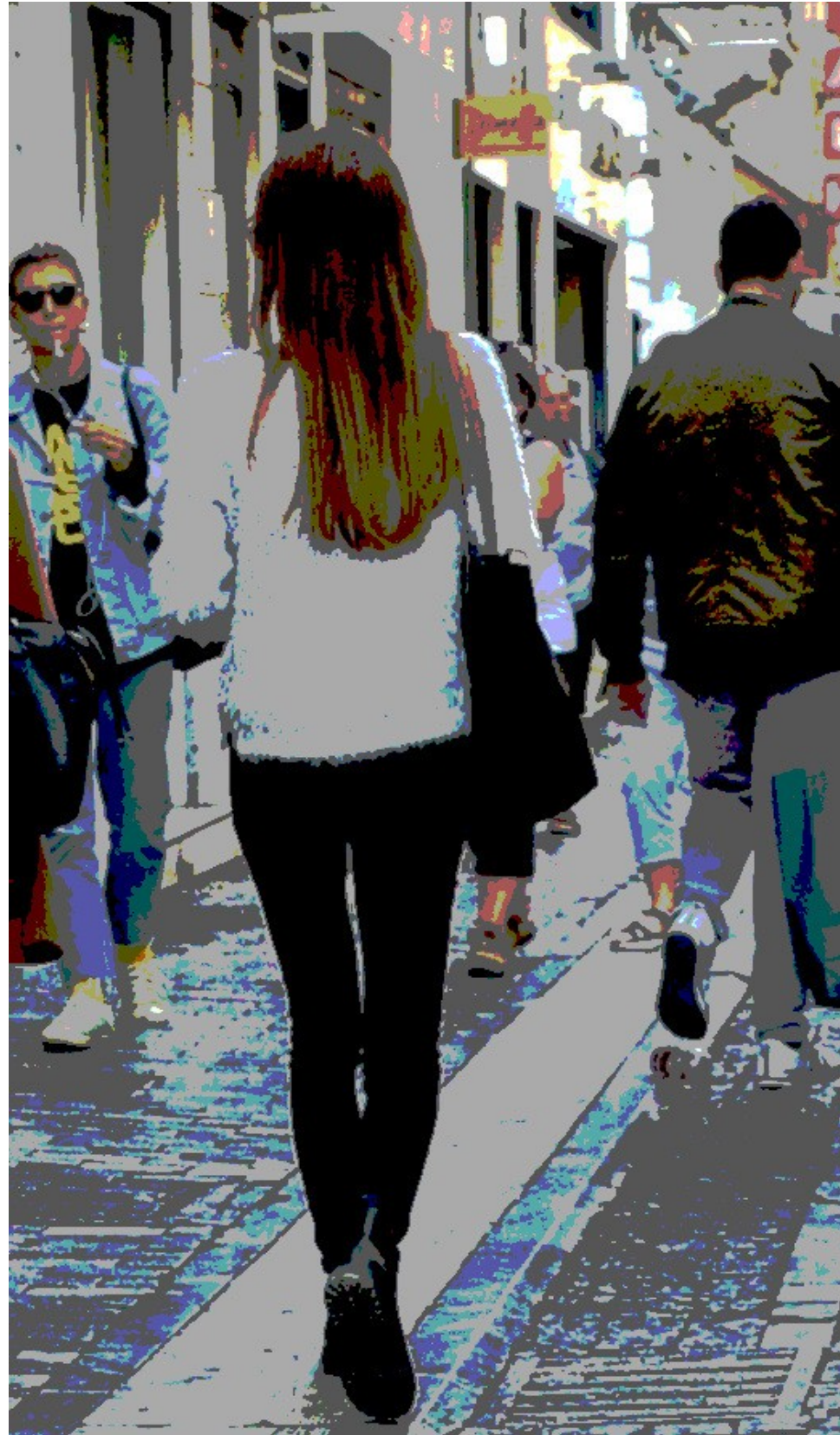
Streets are matters of seconds: seconds in which to make an impression: some do it by dressing up: some do it {usually with far greater impact} by minimalism: simplicity: and thinking dance





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HOW THEY  
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afterwards



{“good  
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Beau  
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